

CIRCULAR 19-023

MARITIME LABOUR CONVENTION, 2006 (MLC, 2006) – MINIMUM REST HOURS

NOTICE TO: ALL MBA SURVEYORS & OFFICES / SHIP OWNERS / OPERATORS / MASTERS

APPLICABLE TO: ALL VESSELS WHERE MLC APPLIES.

DATE IN FORCE: IMMEDIATELY

SUBJECT: MARITIME LABOUR CONVENTION, 2006 (MLC, 2006) – MINIMUM REST HOURS.

Dear All,

The purpose of this circular is to inform all concerned about the new regulation pertaining to the minimum limits of rest hours for seafarers and other related matter.

SUMMARY

This rest hour's circular covers the below topics:

- The minimum rest hours shall not be less than 10 hours in any 24 hour period / seventy seven hours in any seven day period. Rest hours may be divided into no more than two periods, one of which shall be at least 6 non interrupted hours in length and the interval between consecutive periods of rest shall not exceed 14 hours.
- The Master of the ship shall have the right to interrupt and suspend the rest hours of the seafarers during any emergencies.
- Every ship shall maintain / post in accessible place- the schedule of sea / port service, minimum hours of rest for each crew member.
- All ships shall carry daily records of seafarers work and rest hours to show compliance of minimum rest hours.
- Seafarers shall maintain records of the daily rest hours concerning them, initialled by Master or person authorized by Master and the seafarer.

IMPLICATION

Ship Owners / Operators, Masters of the vessels shall be responsible to ensure that the minimum rest hours laid down in this circular is in compliance on board their vessels.

MBA Surveyor to verify compliance of minimum rest hours, when on board for the MLC audits.